

## Make positive change

bystander

**Support Survivors** 

Demonstrate allied behavior

# PREVENTION OUTREACH & EDUCATION

Shift attitudes, beliefs, and behaviors

SPEAK UP

**Get involved** 

Continue Learning Care & compassion

Liste

Empower community commitment to prevent gender-based violence through education,

<u>POE.MSU.EDU</u>

outreach, and social change

## FACULTY & STAFF INFORMATION

## RELATIONSHIP VIOLENCE AND SEXUAL MISCONDUCT (RVSM) AND TITLE IX POLICY INFORMATION

#### **DEFINITIONS**

#### RELATIONSHIP VIOLENCE

Physical or sexual violence committed by a person who is/has been in a romantic relationship with the victim

#### STALKING

Engaging in a course of conduct directed at a specific person that would cause a reasonable person to feel fear or emotional distress

#### SEXUAL MISCONDUCT

<u>Sexual harassment</u>: unwelcome sexual advances, requests for sexual favors, or other unwelcome behavior of a sexual nature that is persistent, pervasive, or severe

<u>Sexual exploitation</u>: attempting to take non-consensual or abusive sexual advantage of another for one's own benefit, or to benefit others

<u>Sexual violence</u>: attempted or completed sexual penetration or sexual contact without consent

For the full RVSM Policy, including in-depth definitions go to: civilrights.msu.edu

## REPORTING INFORMATION

Employees and volunteers who are not otherwise exempt are obligated to promptly report incidents of sexual harassment, sexual violence, sexual misconduct, stalking, and relationship violence that:

- are observed or learned about in their professional capacity
- involve a member of the university community or
- occurred at a universitysponsored event or on university property

All incidents must be promptly reported to the Office of Institutional Equity (OIE).

Incidents of relationship violence, sexual violence (including sexual assault), stalking, and sexual exploitation must also be reported to the MSU Police Department (MSUPD).

#### OIE

408 W. Circle Drive, Room 4. East Lansing, MI 48824

oie.msu.edu (517) 353-3922

#### **MSUPD**

1120 Red Cedar Road, East Lansing, MI 48824 police.msu.edu (517) 355-2221

https://civilrights.msu.edu/file-areport/index.html

## SUPPORT DURING AND AFTER A DISCLOSURE

Knowing how to support someone can make a big difference to those who have experienced past or current relationship violence, stalking, and/or sexual misconduct. Below are some tips to support someone if they disclose abuse:

#### **BE TRANSPARENT**

Tell students and/or colleagues if you are a responsible employee. Ideas may be: including this in your syllabus or talking about it at a staff meeting.

#### REFLECT THE PERSON'S LANGUAGE

Be supportive. Mirror the other person's language so they are defining their own experiences.

#### **DON'T OVERSTEP**

It's important to remember your role. Refrain from asking for details or giving unwanted advice. Leave it to the professionals on campus to investigate cases. Your role is to support the survivor and offer a message of belief.

#### **ASK OPEN-ENDED QUESTIONS**

Avoid "why" questions. Asking "why" questions can leave someone feeling blamed and overwhelmed. Instead try asking, "What do you need?" or "How can I help?"

#### CONNECT TO RESOURCES

Offer confidential resources to the survivor (review page 4).

### EXAMPLES OF HELPFUL THINGS TO SAY:







I AM SORRY THAT HAPPENED TO YOU

For an inclusive list of resources to support survivors, please visit: https://poe.msu.edu/resources/survivor-resources.html

POE.MSU.EDU

## **RESOURCES**

#### MSU CENTER FOR SURVIVORS

Services available for survivors of sexual violence, including individual therapy, support groups, crisis intervention, and advocacy (confidential)

24-hour crisis line: (517) 372-6666 centerforsurvivors.msu.edu

### MSU SEXUAL ASSAULT HEALTHCARE PROGRAM

Free services, provided by specialized forensic nurses, to adults who have been sexually assaulted within the last 5 days (confidential)

24-hour service: (517) 353-2700 centerforsurvivors.msu.edu/sexualassault-healthcare-program

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

Counseling, emotional wellness and family services for faculty, staff, retirees and graduate student employees *(confidential)* 

(517) 355-4506 eap.msu.edu

## MSU COUNSELING & PSYCHIATRIC SERVICES (CAPS)

Individual, relationship and group counseling, psychiatric services *(confidential)* 

(517) 372-8270 caps.msu.edu

#### **MSU SAFE PLACE**

Resources for those impacted by relationship violence and stalking. MSU Safe Place provides advocacy, therapy, group therapy, emergency shelter, and safety planning (confidential)

> (517) 355-1100 <u>safeplace.msu.edu</u>

#### END VIOLENT ENCOUNTERS

Lansing community-based program that provides support, shelter, and advocacy to those experiencing domestic violence, dating violence, sexual assault and/or stalking (confidential)

24-hour crisis line: (517) 372-5572 <u>eveinc.org</u>

#### UNIVERSITY OMBUDSPERSON

Assistance to any student in resolving conflicts and disputes within the university (confidential)

(517) 353-8830 ombud.msu.edu

#### MSU EQUITY NAVIGATOR

Academic, housing, and employment assistance and support for anyone impacted by relationship violence or sexual misconduct (not confidential)

(517) 355-3960 civilrights.msu.edu

For a full list of resources visit: poe.msu.edu/resources